

Trait-Positive	Trait-Negative
Attitudes	
accepts authority, loyal, devoted	rebellious
accepts what's given	ignores, rejects what's given
affectionate	distant, cold, aloof
aspiring, ambitious, motivated	self-satisfied, unmotivated
candid	closed, guarded, secretive
caring	uncaring, unfeeling, callous
change; accepts, embraces-	rejects change
cheerful	cheerless, gloomy, sour, grumpy
considerate, thoughtful	inconsiderate, thoughtless
cooperative	uncooperative, unhelpful, combative
courageous	cowering, fearful
courteous	rude, impolite
decisive	indecisive
devoted	uncommitted, uncaring, hostile
determined	indecisive, unsure
does what is necessary, right	does what is convenient
perseveres, endures	relents, gives up
enthusiastic	unenthusiastic, apathetic, indifferent
expansive	kept back, tight, constricting
faith in life	life can't be trusted
faith in oneself	lack of faith in self
faith in others	others can't be relied on
flexible	inflexible, rigid, unbending, stubborn
forgiving	unforgiving, resentful, spiteful
focused	unfocused, scattered
freedom given to others	authoritarian, controlling
friendly	unfriendly, distant, aloof, hostile
frugal, thrifty	wasteful, spendthrift
generous	stingy, miserly, selfish
goodwill	ill-will, malice, hatred
grateful	ungrateful, unappreciative
hard-working	lazy
honest	dishonest, deceiving, lying
humble	arrogant, conceited, ego-centric
interested	indifferent, uncaring
involved	complacent, indifferent

Skills	
capacity to judge others	unable to judge others
careful, graceful with objects	careless, clumsy
communication skills	communication skills, lack of
(can) exercise authority	cannot exercise authority
delegation skills	delegation skills, lack of
leadership skills	leadership skills, lack of
listening skills	listening skills, lack of
management skills	management skills, lack of
motivating skills	motivating skills, lack of
negotiating skills	negotiating skills, lack of
organization skills	organization skills, lacks
planning skills	planning skills, lack of
problem-solving skills	problem-solving skills, lack of
public speaking skills	public speaking skills, lack of
reconciling problems, conflicts at higher level skills	reconciling problems, conflicts at higher level skills
skilled	unskilled
skilled, talented exceptionally in particular area	not skilled, talented exceptionally in particular area
speaking skills	speaking skills, lack of
teamwork skills	teamwork skills, lack of
technical work skills	technical work skills, lack of
time management skills	time management skills, lack of
verbal skills	verbal skills, lack of
writing skills	writing skills, lack of

Trait-Positive	Trait-Negative
Attitudes	
jealous, not	jealous, envious, covetous
kind	unkind, uncaring, cruel, mean
mature	immature
modest	vain
open-minded, tolerant	narrow, close, small-minded, intolerant
optimistic	pessimistic
perfects	allows imperfection
persistent, sustaining	flagging, fleeting, unsustaining
positive	negative
practical	impractical, not viable
punctual	late, not on time
realistic	unrealistic, impractical
reliable	unreliable, undependable
respectful	disrespectful, rude, impolite
responsibility; takes-	blames others
responsible	unreliable, undependable
responsive	unresponsive, unreceptive
self-confident	lack of self confidence, insecure
self-directed	directed by externals
self-disciplined	undisciplined, unrestrained, indulgent
self-esteem, high	self-esteem, confidence - low
self-giving	self-centered
self-reliant	dependent
selfless	selfish
sensitive	Insensitive, indifferent
serious	frivolous, silly, trivial
sincere	insincere, dishonest
social independence	social approval required
sympathetic	unsympathetic, unfeeling
systematic	unsystematic, disorganized, disorderly
takes others point of view	insists on own view
thoughtful towards others	thoughtless, inconsiderate, callous
trusting	suspicious, mistrusting
unpretentious	pretentious, affected, ostentatious
unselfish	selfish
willing does, willingness	unwilling, reluctant, recalcitrant
work-oriented	convenience first

Social Endowments	
affectionate family upbringing	indifferent, hostile family upbringing
high mental abilities in family	poor mental abilities in family
parents attained high social status	parents have low social status
parents motivated, gave direction	parents demotivated, gave no direction
parents rose & accomplished	parents remained in same position
(inheritance) physical attributes are fine	(inheritance) physical attributes are poor
(had) previous success (in school, work, family life)	(had) previous failure (in school, work, family life)
prosperity in family upbringing	poverty in family upbringing
psychological health and well-being	psychological problems
prosperity in surrounding society	poverty in surrounding society
supportive social environment	indifferent social environment

Trait-Positive	Attributes	Trait-Negative
achieved; has-		hasn't achieve
adventurous		conventional
substance-free		substance-abuse (alcohol, drug)
alert		dull
aware of opportunities		ignorant of opportunities
calm		excitable, nervous
clean [ep to 9 levels]		dirty, unkempt
clear goals		lack of, jumbled goals; directionless
clear thoughts		muddled thoughts, confused
completes		leaves hanging, doesn't complete
comprehends		doesn't comprehend
conscious		unconscious
conscious of one's weaknesses		unconscious of one's strengths
constructive		destructive, complaining
content-oriented		outer, surface, form-oriented
creative		uncreative
delegates		tries to do everything
deliberative		reckless
detail-oriented		scrimps on details
develops mental capabilities		leaves mental capacities as is
directed, has direction		directionless, unfocused
disciplined		dissipating
dynamic		passive
educated		uneducated
education exceed previous generation		education not exceed previous generation
education greater than present level of achievement		education less than present level of achievement
education greater than previous generation		education less than previous generation
efficient		inefficient
effort taking		lack of effort
effort achieves results		effort wasted
energetic		listless
enterprising		enterprising, not
entrepreneurial		entrepreneurial, not
envisions the unseen		visionless
experienced (in area)		inexperienced (in area)
fatigue-free		tired, fatigued
focused		unfocused, addled, scattered
goal-oriented		goalless, directionless
good		evil
graceful		clumsy
has enough time		never has enough time
health robust, strong constitution		poor health, weak constitution
high goals		low, no goals
higher social interests		lower, no social interests
idea-driven		ideas don't motivate to act
imaginative		unimaginative
improves self		stays the same

Trait-Positive	Attributes	Trait-Negative
in rapidly expanding field of work		in static or declining field
initiates (has initiative)		lacks initiative
innovative		conservative
insightful		lacks insight, blind to, ignorant of
intelligent		stupid
knowledgeable		ignorant, unformed
knowledgeable in a particular area		no knowledge in a particular area
leads others		submits, yields to others
lives from the depths of life		lives on the surface of life, superficial
lucky; things go your way		unlucky
money circulated for improvement		money hoarded for security
motivated		unmotivated
nerves strong		nerves weak
objective		subjective, biased
observant		blind to, oblivious to
organized		disorganized
patient		impatient, expectant
personable		non-engaging, distant, cold
physical stamina		lack of stamina
polite, mannered		impolite, ill mannered, rude
previous success in family life		previous failure in family life
previous success in school		previous failure in school
previous success in work		previous failure in work
productive interactions with others		chit-chatting
professional (acts)		amateurish (acts)
professional qualification achieved		no professional qualification
punctual		late
regular		irregular, erratic
relationship with other(s) positive		relationship with other(s) negative
resourceful		unresourceful, helpless
responsible		irresponsible
results-oriented		does for doing's sake, being merely occupied
risk-taker		averse to risk
sees the whole picture		seeing only parts of the picture
seeks improvement		self-satisfied
spiritual, inner connection		lacks any spiritual, inner connection
stamina		lack of stamina
strong; physically-		weak; physically-
strong; psychologically-		weak; psychologically-
stress-free, relaxed		stressed, tense
(has had) supportive family or friends		(has had) indifferent, uncaring family or friends
systematic		unsystematic, disorganized, disorderly, random
tough		weak, soft
trustworthy		untrustworthy
wealthy		impoverished
wealth in present generation		poverty in present generation
well-behaved		ill behaved
work is in harmony with personal life		work is in conflict with personal life